

## Improving Health Through Community Collaboration

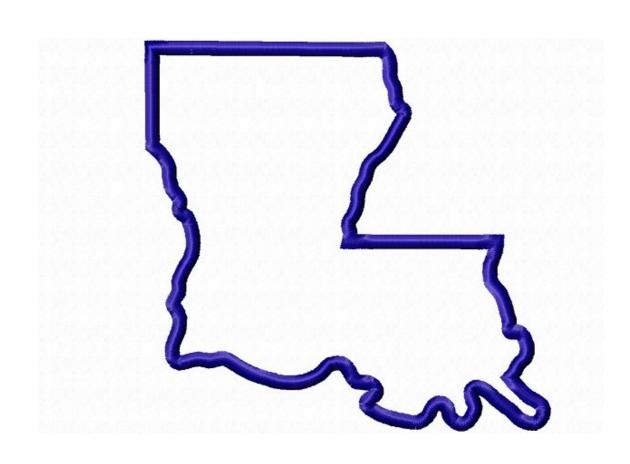
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Louisiana Blue



### Louisiana's Historically Poor Health Status



- 49<sup>th</sup> in America's Health Rankings (2024)
- F in March of Dimes 2024 report card for maternal health, birth outcomes
- Why is our state always ranked low?
  - High rates of chronic conditions
  - High rates of poverty
  - Barriers to getting healthcare



#### Healthcare Doesn't Define Healthiness

- Up to 90% of healthiness is determined by non-medical factors
- Improving these "social determinants of health" can improve overall health
  - Healthcare access and quality
  - Education
  - Social support systems
  - Economic stability
  - Community environment

#### **Social Determinants of Health**



Social Determinants of Health Copyright-free

Healthy People 2030



### How Can Louisiana Blue Help?

- Mission: To improve the health and lives of Louisianians
- 90-year legacy giving Louisianians access to care
- State's largest commercial health insurer
- 1.9 million lives covered
- Wealth of claims, member data
- Committed to our home, Louisiana





### Helping Louisianians Stay Covered

# URGENT! MEDICAID UNWIND IS STARTING!

STRAIGHT TALK



- State began removing people who no longer qualify from Medicaid last year; extended into 2025
- Most can get financial aid to buy HealthCare.gov plans
- Robust outreach strategy to connect Louisianians with affordable plans so they avoid gaps in care



### How Louisianians Can Get Covered

- Call 1-844-GET BLUE (TTY 711) and connect for free with a licensed, experienced agent
- Use "Find an Agent Near You" search tool at LDI.LA.Gov
  - No cost and no obligation to buy!
- StraightTalkLA.com for ongoing updates on Medicaid winddown, opportunities in HealthCare.gov market
- You DO NOT want to have a gap in coverage and risk having to pay for healthcare out of pocket



# Improving Outcomes Through Technology, Provider Partnerships



### Shared Platform for Clinical Processes



- Care Management, provider-facing processes moved to Epic platform in 2024
- 70% of our members already seeing an Epic provider
- Currently connected at more than 500 provider locations, including four major health systems
- Now exchanging clinical data on more than half of our members
- More expansion in 2025



### Provider Partnership Opportunities



- With Epic, Blue Cross can securely give providers up to 3x more information about the patients they're treating
- Connects the whole health team (Louisiana Blue clinicians, providers) for more effective coordination
- Sending Epic providers over 175K clinical summaries per month, helping them recognize and address care gaps



### Taking Action to Address Social Determinants of Health



### Increase Engagement with Health Coaches

- 300+ clinicians at Blue Cross physicians, nurses, pharmacists, counselors, dietitians
- FREE health coaching and support for high-risk pregnancy, long-term conditions and serious illnesses or injuries





### Addressing Key Risk Factors

- Launched strategy in 2023 to:
  - Improve factors that lead to poor birth and maternal health outcomes
  - Boost medication adherence rates for patients with diabetes, high blood pressure





### Screening Saves Lives

- Louisiana Blue does regular outreach to encourage cancer screening
  - Colorectal cancer screening now starts at 45!
- Our call to action is for members to talk with their healthcare providers about when to begin screening





### Annual Wellness Visits, Vaccines



- We encourage all members to have at least one checkup a year
- Young children, people with longterm conditions may need more frequent visits
- Covered \$0 or very low cost on most health plans
- Good opportunity to make sure they are up to date on immunizations

### **Committed to Our Community**

One of only two Louisiana companies recognized among Civic 50

Louisiana Blue employees volunteer thousands of hours with hundreds of nonprofits statewide each year



### Louisiana Blue Foundation Grant Opportunities

- Innovation Grant Program made to innovative, new projects to improve the health and well-being of Louisianians (grants up to \$25,000 for one year)
- Impact Grant Program intended to help nonprofit partners expand their impact to further improve the health and well-being of Louisianians or to address the immediate community needs after a disaster or crisis (grants up to \$100,000 for one year)
- Community Health Improvement Grant Program made to community coalitions
  working together to address major public health concerns (grants range from \$250,000 to
  \$1 million for projects over three years)

Know someone doing good in the community?

Nominate them for the Angel Award!

Nominations due March 6



### Learn More:

Website: LaBlue.com

**Short Health Videos**: My Louisiana Blue YouTube channel – subscribe to know when new videos are added

Talk with us on **social media @MyLouisianaBlue** – we post regularly on Facebook, LinkedIn, Instagram and TikTok

**Straight Talk:** Visit StraightTalkLa.com to see blogs from Healthcare Economist Mike Bertaut and others on healthcare trends, costs and policies

## MLK Health Center & Pharmacy

A local healthcare resource for uninsured adults struggling with chronic disease



#### About MLK Health Center

- Patient population falls in the healthcare gap they are struggling to make ends meet, so they forego healthcare
- This is dangerous because their chronic diseases need to be managed by a medical provider
- MLK Health Center & Pharmacy has provided healthcare to uninsured adults in Shreveport-Bossier community for nearly 40 years
- MLK healthcare model working diabetic patients have better control of A1C, hypertensive patients have better control of blood pressure
- Patients are becoming healthier because of the healthcare they receive at MLK Health Center!

### Questions?

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